

Suicide Prevention Grants 2022/2023 – Gateshead, Newcastle, North Tyneside, Northumberland, South Tyneside, and Sunderland

1. Background

The North East and North Cumbria Integrated Care System (NENC ICS) has a Zero Suicide Ambition via its Suicide Prevention Network (www.stopsuicidenenc.org). The Network includes a wide range of stakeholders from different organisations from across the region working in partnership with people with lived experience of self-harm and suicide to help meet the following aims – across all age groups:

- Develop suicide safer communities.
- To increase the community-based support for those at risk of suicide, including high risk groups.
- Reduce the number of people who die by suicide including in high-risk groups.
- Reduce the incidence of self-harm and repeated self-harm.
- Reduce the stigma of self-harm and suicide.
- Reduce the impact of self-harm and suicide.
- Increase support for carers and those bereaved by suicide.

Overall national suicide rates are reducing slowly - however they remain too high and highest in the North of England. Suicide is known to be a higher risk in some groups of people, for example for people in mental health services, and it is the leading cause of death in males aged 20-49. There is an increased risk of suicide in families of people who die by suicide. Self-harm is also a known risk factor for suicide and is particularly high in younger age groups and women.

The impact of suicide and self-harm on individuals and communities is significant.

1.1 Vision

The NENC ICS Network's vision is to gather and use all the available evidence of how best to prevent suicide and self-harm. The Network also works together with different agencies and communities, and people with lived experience of self-harm and suicide, to take action to prevent self-harm and suicides and to promote wellbeing and resilience across the region.

2. Suicide Prevention Grants 2022/2023 summary

This grant initiative covers the North ICP, plus South Tyneside and Sunderland. In response to evaluation recommendations from previous years, this third year of funding is taking a different approach, focusing on larger, place-based projects, partnerships, and collaborations, with grant awards starting at **£10,000** and ranging up to **£50,000** for projects working across more than one locality.

We anticipate allocating between 6-12 grants, with a decision made by a partnership panel in early January 2022. The funding is to cover delivery of projects between 1st February 2022 – 31st January 2023 only.

The eligible localities remain the same – **Gateshead, Newcastle, North Tyneside, Northumberland, South Tyneside, Sunderland** – and grants are available to voluntary, community and social enterprise sector organisations.

The Suicide Prevention Grants 2022/2023 programme will be managed by Blue Stone Collaborative.

2.2 Developing safer communities

This funding is focused on supporting projects which will **specifically help develop suicide safer communities**.

- Population focused prevention – raising awareness, campaigns, resources, training.
- Targeted preventions – community action, training, campaigns, events.
- Crisis interventions and recovery phase interventions – focused community support for groups at higher risk, carers and those bereaved by suicide.

3. Aims, Objectives & Desired Outcomes

Our aims, objectives and desired outcomes are articulated below. Organisations must be able to demonstrate how their proposal reflect these and can also evidence how their projected outcomes deliver against some of them.

3.1 Aims

1	To increase awareness of suicide prevention and support across communities, including self-harm.
2	To increase access to resources and information across communities.
3	To reduce the number of suicides including in high-risk groups.
4	To reduce the incidence of self-harm and repeated self-harm.
5	To reduce the impact on communities, family, friends, and those impacted by self-harm and suicide.
6	To reduce the stigma of self-harm and suicide
7	To develop local place-based suicide prevention activity with a focus on places of interest.

3.2 Objectives

1	Develop place-based/social movement projects based on local assets and local population
2	Develop community-based support and solutions focused on meeting the needs of high-risk groups, both adults and children & young people.
3	Work with media and social media to raise awareness, increase resilience and reduce stigma.
4	Develop priority interventions to target places of interest.
5	Develop a multiagency or collaborative approaches to reduce self-harm, including safety planning and carer involvement.
6	Improve processes which help reduce access to means.
7	Improve access to information and resources for service users/carers and the wider community.
8	Support/develop healthy workplace initiatives.
9	To target those at risk of suicide and develop flexible, innovative, and creative ways of working to meet local need.

3.3 Desired outcomes:

- Build mental health resilience in local communities.
- Promote positive mental health in local communities.
- Reduce the stigma of self-harm and suicide.
- Increase the community-based support for those at risk of suicide, including in high-risk groups.
- Reduce the incidence of self-harm and repeated self-harm.
- Reduce the impact of self-harm and suicide.
- Increase the community-based support for carers and those bereaved or affected by suicide.

4. Making an application

Applications are requested in the form of a proposal, details of which can be found below.

The Partnership encourages:

- Proposals from partnerships or collaborations within the voluntary and community sector, for example a creative project in partnership with a local foodbank, or a large organisation engaging smaller groups in supporting suicide prevention work.
- Proposals that are place-based or span more than one target area.
- Proposals from non-mental health organisations or those who are new to this field of work.
- Proposals which are innovative and support an identified need.

4.1 Eligibility

- Proposals will be considered from established organisations in the community and voluntary sector that work with and support residents across **Gateshead, Newcastle, North Tyneside, Northumberland, South Tyneside and Sunderland**. Organisations do not need to be mental health led.
- Applicants must have a constitution, and an organisational bank account with two signatories.
- Organisations must be able to clearly demonstrate that they will deliver the Partnerships aims, objectives and desired outcomes, as outlined in section 3.

4.2 What can't be funded

- Applications which do not clearly demonstrate how they will deliver the desired outcomes.
- Non-VCSE organisations (statutory providers).
- Organisations which do not provide a service to residents of Northumberland, Tyne & Wear.
- Costs for core staff. (Costs for direct temporary, freelance or sessional workers can be included.)
- Any costs incurred before 1st February 2022 or after 31st January 2023.

4.3 Application procedure

There is a single stage application process. Proposals should be submitted by the deadline and will be assessed by a Partnership Panel meeting. We anticipate agreeing funding for 6-12 projects, who will have a full calendar year for delivery.

4.3.1 Application submission and assessment

The closing date for receipt of applications/proposals is Friday 31st December 2021.

Applications will be considered against the funds aims, objectives and desired outcomes, as described in Section 3, by a panel formed from members of the Northern Sub Regional Suicide Prevention Group. We retain the right to reject any application.

The panel aims to inform all applicants of the outcomes of their proposal by 25th January 2022.

4.3.2 Grant Monitoring

Successful applicants will be required to sign a Grant agreement to agree compliance with the conditions of the use of the Grant awarded, and to submit an Evaluation and Lessons Learned Report at the end of the project.

4.3.3 Your proposal

Applications for this funding are requested in the form of a proposal. So we can assess applications fairly, please include the following information/headings in your proposal. You may also include any other information to describe your project or demonstrate how it meets our desired outcomes. Proposals should be no more than 8 pages long and will not be considered unless they address all the requested areas.

Ref	Title/heading	Detail required
1	Name and purpose of lead organisation	Projects are required to have a lead organisation who will hold the budget and be responsible for overall management, delivery, and evaluation. Please tell us your name, the type of organisation you are and what your key purpose is. Include your charity number or company registration number if appropriate.
2	Name/s of partner organisations	Name all the partner organisations involved in your project. Indicate the type of organisation they are and what their main purpose is. If you plan to work with partners in the private or commercial sector, please state this clearly with your rationale.
3	Project title	This should be a short, identifiable, and unique title.
4	Where will your project take place?	Projects are required to be place-based but may deliver across more than one area. Please be clear about where your project activity will take place, including if you will target a particular town/group within one of the eligible areas. Eligible areas are Gateshead, Newcastle, North Tyneside, Northumberland, South Tyneside, Sunderland.
5	Project description	Give us a description of your overall project, for example the need for this work, what you will do, which communities you will work with, your approach and your outcomes. Further detail can be given in the following sections, but this section should aim to give us a good understanding of what your project is, will do, and why it is important. <i>Maximum 1,000 words.</i>
6	Project purpose, aims, objectives and outcomes	In this section, please be clear about which of our aims, objectives, and desired outcomes (section 3) your project will deliver, including how your activities will contribute.
7	Activities / actions	Give us more detail about the activities and actions you will undertake as part of your project.
8	Who are your beneficiaries / target communities	Describe which target groups, individuals, or communities your project will work with. Please include: <ul style="list-style-type: none"> - Why you have chosen this group/community - Evidence to support the need within this group - How they will benefit - Your anticipated number of beneficiaries
9	How will you engage your target beneficiaries?	Describe what you will do to engage your target group/community and how you will maximise engagement.

10	Key dates and milestones	When will your project start and finish, and what key dates will it include, for example review dates or events?
11	Evaluation	Describe how you will evaluate the success and impact of your project / intervention.
12	Your budget	How much are you applying to us for and what will you spend it on? Please include as much detail as possible. Grants will be a minimum of £10,000, up to a maximum of £50,000 for projects which can demonstrate a large impact over more than one area.
13	Your payment schedule	Describe, with rationale, what payment schedule would suit your project. Our default payment schedule will be 50% of funding at project start, 40% midway and 10% on receipt of your evaluation.
14	Your key contact	Include the name, job title, organisation, email address and telephone number for your key contact.
15	Websites & social media	Provide details of any websites or social media platforms for your organisation and any partner organisations you will work with.
16	Application signatories	The application should be signed and dated by two authorised persons, such as Director, Chair or Treasurer.

Submitting your proposal

Please email your completed proposal to Rachael Jones, Project Support Officer at Blue Stone Collaborative, by **Friday 31st December 2021**: rachael@bluestone.org.uk.

Please use the subject line '**Suicide Prevention Grants Fund 2022/2023**'.

Please refer to the guidance throughout this document to help you complete your proposal.